

MANAGED DRUG LIMITATION PROGRAM

PRESCRIPTION DRUG LIST

The managed drug limitation program (MDL) helps us promote safe, clinically appropriate drug usage. With this program there's a limit on the amount and days supply of certain medication, such as sleeping pills. These limits were developed based on recommendations from a variety of medical experts, including the Food Drug Administration. If you've exceeded a limit and your physician believes you need an additional supply of a medication, our medical directors will review the request for medical necessity.

If you have any questions or concerns please contact Member Services at the number listed on your ID card. This list is for informational purposes only and is subject to change. To confirm coverage, please contact your plan administrator or call the customer service number on your health plan ID card.

BRAND NAME	RETAIL QUANTITY PER 30 DAYS	MAIL ORDER QUANTITY PER 90 DAYS*
Anti-Emetics		
Anzemet tablets, all strengths	3 tablets	3 tablets (per 30 days)*
Cesamet	20 capsules	20 capsules (per 30 days)*
Emend 80 mg	2 capsules	2 capsules (per 30 days)*
Emend 125 mg	1 capsule	1 capsule (per 30 days)*
Emend tri-fold pack	1 pack	1 pack (per 30 days)*
Kytril 1 mg	6 tablets	6 tablets (per 30 days)*
Kytril oral solution	30 ml	30 ml (per 30 days)*
Zofran 24 mg	1 tablet	1 tablet (per 30 days)*
Zofran 4 mg/8 mg tablets and ODT	9 tablets	9 tablets (per 30 days)*
Zofran oral solution	90 ml	90 ml (per 30 days)*
Antivirals		
Famvir 125 mg or 500 mg	30 tablets	90 tablets
Famvir 250 mg	60 tablets	180 tablets
Valtrex	30 caplets	90 caplets
Arthritis/Related Inflammatory Conditions		
Enbrel	4 injections	12 injections
Humira	2 injections	6 injections
Diabetic Supplies per 365 days		
Glucometers	2 meters	2 meters
Erectile Dysfunction Agents†		
Cialis	6 tablets	18 tablets
Levitra	6 tablets or 1-six tablet pack	18 tablets or 3-six tablet packs
Viagra	6 tablets	18 tablets
Insomnia†		
Ambien/Ambien CR	30 tablets	90 tablets
Lunesta	30 tablets	90 tablets
Rozerem	30 tablets	90 tablets
Sonata	60 capsules	180 capsules

BRAND NAME	RETAIL QUANTITY PER 30 DAYS	MAIL ORDER QUANTITY PER 90 DAYS*
Migraine Agents		
Amerge	9 tablets	27 tablets
Axert	12 tablets	36 tablets
Frova	9 tablets	27 tablets
Imitrex Injection	4 injections or 4-1 ml vials	12 injections or 12-1 ml vials
Imitrex NS 5 mg	12 devices	36 devices
Imitrex NS 20 mg	6 devices	18 devices
Imitrex tablets	9 tablets	27 tablets
Maxalt/Maxalt MLT	9 tablets	27 tablets
Migranal NS	6 ampules	18 ampules
Relpax	6 tablets	18 tablets
Stadol NS	6 bottles (per 365 days)*	6 bottles (per 365 days)*
Zomig/Zomig ZMT 2.5 mg	6 tablets	18 tablets
Zomig/Zomig ZMT 5 mg	3 tablets	9 tablets
Zomig NS	6 units (1 box)	18 units (3 boxes)
Narcotic Agents (Pain)		
Actiq	120 lozenges	120 lozenges (per 30 days)*
Duragesic (all strengths) * *	10 patches	30 patches
Fentora	120 tablets	120 tablets (per 30 days)*
OxyContin	120 tablets	360 tablets

* Some medications aren't clinically appropriate for long-term use. In these instances, limitations for retail and mail-order are identical; therefore, the use of mail-order isn't cost effective.

** Doses of Duragesic greater than 100 mcg will require using more than 10 patches per month because multiple patches will have to be applied simultaneously to achieve the desired dose.

† Certain therapeutic categories do not warrant a need to prescribe more than one drug from within that class of agents. The prescribing of medications from such drug classes should be limited to one drug per month. For example, Viagra and Cialis, erectile dysfunction agents, should not both be dispensed within the same month. Quantities will vary depending on disease being treated.

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