

# Nederland Elementary Menu - September 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Garlic Chicken Pasta Cheesy Garlic Pasta	2 Professional Development Day- No School	3
4	5 Labor Day – No School	6 Sausage Pizza Cheese Pizza	7 Chicken Burrito Bean and Cheese Burrito Brown Rice	8 Cheesy Baked Penne Marinara	9 Chicken or Tofu Teriyaki Stirfry w/ Rice	10
11	12 Sausage Pizza Cheese Pizza	13 Hot Turkey, Mashed Potatoes and Gravy w/ Biscuit Vegetarian Chili w/ Biscuit	14 Crispy Chicken Taco Crispy Bean and Cheese Taco Refried Beans	15 Cheesy Chicken Grinder Pasta Marinara	16 Mac and Cheese	17
18	19 Sausage Pizza Cheese Pizza	20 Beef Nachos Bean and Cheese Nachos Refried Beans	21 Teriyaki Glazed Colorado Chicken or Tofu w/Rice Toasted Cheese Sandwich	22 Pasta with Meat Sauce Pasta Marinara	23 Garlic Chicken Pasta Cheesy Garlic Pasta	24
25	26 Cheese Pizza MEATLESS MONDAY	27 Chicken Burrito Bean and Cheese Burrito Brown Rice	28 Hamburger/ Cheeseburger Veggie Cheeseburger	29 Chilaquiles (Chicken Tortilla Casserole) Cheese Quesadilla	30 Cheesy Baked Penne Marinara	

*Unlimited Salad Bar, skim milk, organic 1% milk and fresh fruit offered daily.*