

## **New Menu Options for Elementary Schools 2011-2012**

**Chicken Chilaquiles-** Traditional Mexican casserole. Made with sautéed onion, garlic, and green chilies, chicken, gravy, diced tomatoes, corn, and crispy corn tortillas, topped with cheddar cheese. Served with brown rice.

**Hamburgers-** All burgers will be served on a softer whole grain roll from Aspen Bakery.

**Toasted Cheese Sandwiches-** Made on a new Rudi's 100% whole wheat bread, the sandwiches are made with a blend of mozzarella and cheddar cheeses and lightly buttered for perfect browning.

**Cheesy Baked Pasta-** Our version of 'Baked Ziti'. Penne pasta, marinara, mozzarella cheese, parmesan cheese, and ricotta cheese all baked together.

**Roast Turkey-** Roasted white and dark meat, sliced and served with gravy, mashed potatoes, and a whole grain biscuit.

**Chicken Fajitas-** Sautéed red & green bell peppers and onions with chicken fajita meat. Topped with cheddar, served with a 6" wheat tortilla.

**Crispy Chicken or Bean Tacos-** Hard corn tortilla shells with blend of diced chicken or refried beans, salsa, onion, and diced tomatoes.

**Chicken or Tofu Teriyaki Stir-fry-** Chicken or tofu tossed with sauce of teriyaki, garlic, and ginger. Served with sautéed peppers, cabbage, carrots, and peas over brown rice.

**Roast Chicken-** Roast chicken will be served every other week this year. All of our chicken is coming from Troyer Poultry, a local organic farm on the western slope of Colorado. BBQ and Teriyaki flavors are back; new **Asian BBQ** is our version of General Tsao sauce.

**Chicken Grinder Sandwich** -Chicken fajita meat, melted cheddar served on a soft Aspen Bakery hot dog roll.