

September

Sunday

Monday

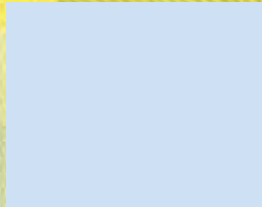
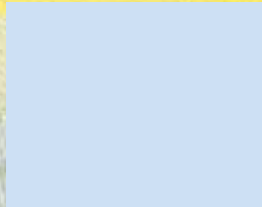
Tuesday

Wednesday

Thursday

Friday

Saturday

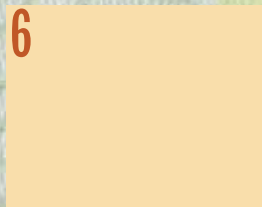
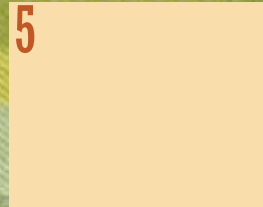


1 Teriyaki Chicken or Tofu and Brown Rice
Pasta Bolognese or Marinara
Salad Bar
1% Milk, Fresh Fruit

2 Beef or Veggie Hotdog on Whole Grain Roll
Mexican Chicken or Veggie Sub
Baked Beans, Salad Bar
1% Milk, Fresh Fruit

3 Chicken Marinara or Veggie Pasta
Turkey Deli Sandwich
Salad Bar
1% Milk
Fresh Fruit

4 Turkey/Chicken or Veggie Quesadilla
Traditional Pizza - Meat or Veggie
Beans & Rice
Salad Bar
1% Milk, Fresh Fruit



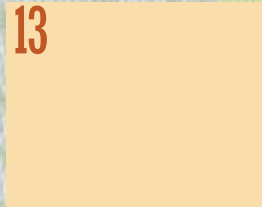
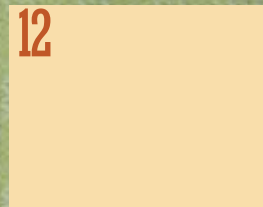
7 LABOR DAY
No School

8 Roast Chicken or Veggie Patty with Roasted Potatoes
Pasta Marinara w/Cheese
Whole Grain Roll
Salad Bar
1% Milk, Fresh Fruit

9 BBQ Ground Beef Sandwich or Veggie Burger
Chicken or Veggie Pot Pie with Biscuit
Salad Bar
1% Milk, Fresh Fruit

10 Pasta Marinara with Cheese
Chicken Wrap
Salad Bar
1% Milk
Fresh Fruit

11 Beef or Veggie Taco
Traditional Pizza - Meat or Veggie
Beans & Rice
Salad Bar
1% Milk, Fresh Fruit



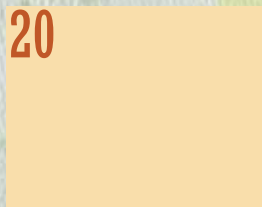
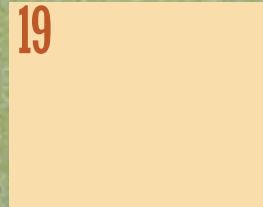
14 Traditional Pizza - Meat or Veggie
Turkey/Chicken Tacos
Beans & Rice
Salad Bar
1% Milk
Fresh Fruit

15 BBQ Chicken or Veggie Patty & Roasted Potatoes
Pasta Marinara w/Cheese
Whole Grain Roll
Salad Bar
1% Milk, Fresh Fruit

16 Hamburger or Veggie Burger on Whole Grain Roll
Chicken Wrap
Salad Bar
1% Milk
Fresh Fruit

17 Mac and Cheese
Turkey Deli Sandwich
Salad Bar
1% Milk
Fresh Fruit

18 PROFESSIONAL DEVELOPMENT
No School



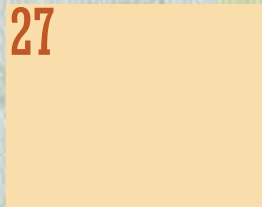
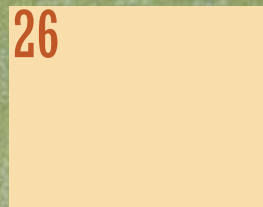
21 Traditional Pizza - Meat or Veggie
Beef or Veggie Hotdog on Whole Grain Roll
Baked Beans
Salad Bar
1% Milk, Fresh Fruit

22 Roast Chicken or Veggie Patty with Mashed Potatoes
Mac and Cheese
Whole Grain Roll
Salad Bar
1% Milk, Fresh Fruit

23 Chicken or Veggie Lo Mein
Beef or Veggie Chili with Corn Bread
Salad Bar
1% Milk
Fresh Fruit

24 Pasta Bolognese or Marinara
BBQ Chicken Sandwich
Salad Bar
1% Milk
Fresh Fruit

25 Beef or Veggie Nachos
Traditional Pizza - Meat or Veggie
Beans & Rice
Salad Bar
1% Milk, Fresh Fruit



28 Traditional Pizza - Meat or Veggie
Beef or Bean & Cheese Burrito
Beans & Rice
Salad Bar
1% Milk, Fresh Fruit

29 Teriyaki Chicken or Tofu and Brown Rice
Pasta Bolognese or Marinara
Salad Bar
1% Milk, Fresh Fruit

30 Beef or Veggie Hotdog on Whole Grain Roll
Mexican Chicken or Veggie Sub
Baked Beans, Salad Bar
1% Milk, Fresh Fruit

