

September



Make breakfast count. Look for ways to incorporate greens and other veggies into your morning meal.

Sunday

Monday

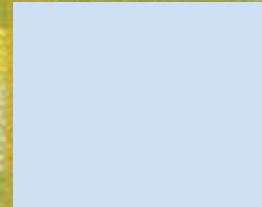
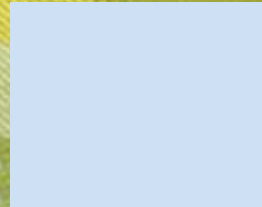
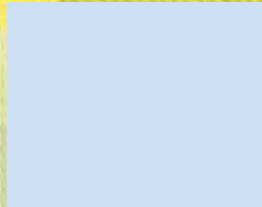
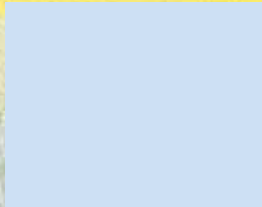
Tuesday

Wednesday

Thursday

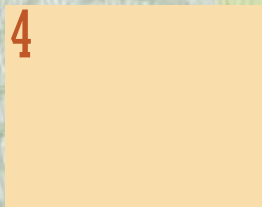
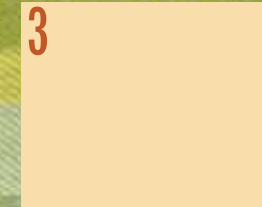
Friday

Saturday



1 Chicken Teriyaki Stirfry with Rice
Tofu Teriyaki Stirfry with Rice
Chili Dog

2
PROFESSIONAL DEVELOPMENT DAY - No School



5
LABOR DAY - No School

6 Sausage Pizza
Cheese Pizza
Toasted Turkey and Jack Sandwich

7 Crispy Chicken Taco
Crispy Bean and Cheese Taco
Hamburger/Cheeseburger
Refried Beans
Brown Rice

8 Cajun Chicken Grinder
Pasta Marinara
Cheese Pizza

9 Mac and Cheese
Hot and Spicy
Roast Chicken with Roll
Vegetable du Jour



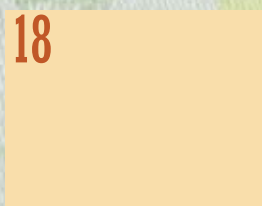
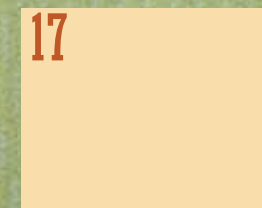
12 Sausage Pizza
Cheese Pizza
Chicken Caesar Wrap

13 Beef Nachos
Bean and Cheese Nachos
Chili Dog
Refried Beans
Brown Rice

14 Colorado Teriyaki
Glazed Chicken or Tofu with Rice
Toasted Cheese Sandwich
Cheese Pizza
Colorado Vegetable du Jour
Colorado Proud Day

15 Pasta with Meat Sauce
Pasta Marinara
Turkey Ham and Cheese Grinder

16 Garlic Chicken Pasta
Cheesy Garlic Pasta
Crispy Beef Tacos
Brown Rice



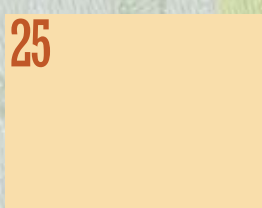
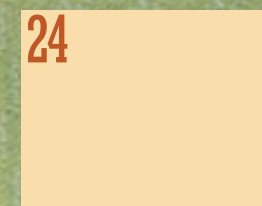
19 Cheese Pizza
Vegetarian
Southwest Wrap
Meatless Monday

20 Chicken Burrito
Bean and Cheese Burrito
Honey Chipotle
Roast Chicken
Brown Rice

21 Hamburger/Cheeseburger
Veggie Cheeseburger
Chicken Fajitas
Roasted Potatoes
Refried Beans

22 Chilaquiles (Chicken Tortilla Casserole)
Cheese Quesadilla
Turkey and Cheese Deli Sandwich
Vegetable du Jour

23 Chicken Parmesan with Cheesy Baked Penne Marinara
Cheese Pizza



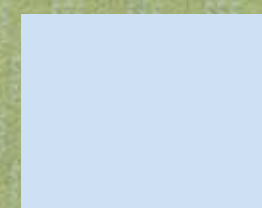
26 Sausage Pizza
Cheese Pizza
Cranberry Chicken Wrap

27 Beef Nachos
Bean and Cheese Nachos
Tuna Salad Sandwich
Refried Beans
Brown Rice

28 Hot Dog/Chili Dog
Fireside Cheesy Broccoli Stuffed Potato with Roll
Pasta with Meat Sauce
Roasted Sweet Potatoes

29 Asian BBQ Glazed Chicken or Tofu with Rice
Toasted Cheese Sandwich
Cheese Pizza

30 Mac and Cheese
Broomfield Chicken
Chili with Cornbread
Vegetable du Jour



Unlimited salad bar, skim milk, organic 1% milk and fresh fruit offered daily.

Menu subject to change