

*Announcing a Workshop Sponsored by  
Boulder County Healthy Youth Alliance (formerly BCPC), the  
SAPP Office –BVSD Safe & Drug-Free Schools, and  
New Vista High School*

## **Becoming a Love and Logic Parent®**

*A Class for Parents of Teenagers*

**Taught by Stephanie Bryan**

### **What people are saying about these classes:**

*“A common sense approach.”*

*“The strategies learned can be used immediately.”*

*“There can be life during adolescence!”*

*“A positive way to discuss our parenting techniques.”*

*“Lots of laughing and realizing there’s hope: I’m not alone.”*

*“Real strategies for real situations.”*

*“Be nice to yourself and take this workshop.”*

*“The camaraderie was great.”*

*“Multiple techniques that have already helped.”*

*“I enjoyed the discussion with other parents.”*

## **Teenager running your life?**

Restore harmony to your household with this class. You will learn to parent with a smile. Your child will learn to accept responsibility for his/her own actions.

**Location:** New Vista High School, 700 20<sup>th</sup> Street (at Baseline), Boulder

**Dates:** Tuesdays, February 3 to March 17, 2009

**Times:** 6:30 p.m. - 9:00 p.m.

**Cost:** \$125/individual, \$160/couple plus a \$20 materials fee.

(For scholarships, see a school counselor or social worker)



To Register for New Vista parents of teens class, Winter 2009:

Name(s) \_\_\_\_\_ Phone # \_\_\_\_\_

Mail with check to: Stephanie Bryan, LCSW, CAC III, 1530 55<sup>th</sup> Street, Boulder, CO 80303. 303-397-0646. Or register online at [www.REALparenting.net](http://www.REALparenting.net)