



# TRIP TRACKER

**Boulder Valley School District**  
Excellence and Equity

## SEPTEMBER (Max Units = 42)

You can earn up to 2 'Activity Units' per day. One unit = at least 30 minutes. Two units = at least one hour. You can use the boxes to check off ( X ) your activity

We will send you a short survey on the last school day of the month. Please use it to report your total activity units.

For more information:

[www.bvds.org/tracker](http://www.bvds.org/tracker)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TOTALS
	1-Sep	2-Sep	3-Sep	4-Sep	Max=8
7-Sep	8-Sep	9-Sep	10-Sep	11-Sep	Max=8
Holiday					
14-Sep	15-Sep	16-Sep	17-Sep	18-Sep	Max=10
21-Sep	22-Sep	23-Sep	24-Sep	25-Sep	Max=10
28-Sep	29-Sep	30-Sep			Max=6
				Sept. Total =	