

BVSD GUIDELINE FOR CONCUSSION MANAGEMENT IN STUDENTS

IMPORTANT: Anytime a student comes to school stating or providing documentation of a concussion, inform the School Nurse Consultant and follow the BVSD Guideline for Concussion Management in Students as outlined below. The School Nurse Consultant (SNC) is the school's primary medical consult for any student with a concussion.

Relevant information regarding the student and their injury will be communicated to needed staff using the Concussion Management Plan (Attachment 1) developed for that school.

Utilizing the school's Concussion Management Plan:

1. The Building Contact person will provide parents with the Return to School/Play After Concussion Form (Attachment 2) for their Health Care Provider to complete, if not already provided by athletics or the health room. *Health Care Providers include and are limited to a: Doctor of Medicine, Doctor of Osteopathic Medicine, Licensed Nurse Practitioner, Licensed Physician's Assistant, or Licensed/Doctor of Psychology with training in Neuropsychology or concussion evaluation and management.*
2. Upon documented medical diagnosis of a concussion or when there is reasonable suspicion (reported symptoms and/or knowledge of injury) of a concussion without medical diagnosis, the *Concussion Team Leader* will:
 - a. Complete the Classroom Concussion Response Tool (Attachment 3) and provide copies to necessary school staff.
 - i. When the student has a **confirmed medically diagnosed concussion**, physical activity (PE, recess, other sports, etc.) restrictions and academic adjustments will be provided as soon as possible as outlined on the Classroom Concussion Response Tool. These adjustments will be continued on a temporary basis up to 3 weeks without a formal 504 plan.
 - ii. The *Concussion Team Leader* should incorporate information from parents, student, athletic trainer/coach, medical provider and the school nurse, if possible. A BVSD Concussion Symptom Scoring Checklist (Attachment 4) is available to assist gathering symptom information from students and/or parents/guardians.
 - iii. Academic and physical adjustments for students **without medical documentation** will be implemented on a case by case basis after the School Nurse Consultant confers with the family and school staff. It is reasonable to request medical documentation if a student self-reports a head injury and/or is having post concussive symptoms.
 - b. Flag the student in Infinite Campus as having a concussion. The flagged concussion designation will remain until the student has been cleared of all academic adjustments or has been returned to play. The *Concussion Team Leader* will be responsible for entering the "Resolved Date" on the flag designation when cleared. A student with a concussion related 504 plan will continue to have the unresolved concussion flagged for staff to view. **IMPORTANT:** Students will NOT participate in PE or other physical activities (recess, intramurals, etc.) until cleared of all academic classroom adjustments (See RTA Protocols).
3. Teachers will utilize the Classroom Concussion Response Tool provided by the *Concussion Team Leader* and will communicate to the *Team Leader* and/or parents if they observe new or worsening symptoms.

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4. Follow up, by the *Concussion Team Leader*, should occur after 3 weeks and until the student is **no longer** displaying symptoms at school, even if they have been cleared by a medical provider. A Teacher Feedback Form (Attachment 5) is available to assist in student monitoring, tracking symptoms and adjustments.
5. Formal review of the student's progress will be conducted by a designated concussion team member at three weeks to determine if the student is:
 - a. Academically and physically cleared - *Concussion Team Leader* then 'resolves' flagged status in IC, or i. When the student is cleared of all academic adjustments they may proceed with the Return to Activity (RTA) Protocol for their grade level.
 - b. Should continue with adjustments, or
 - c. Should progress to a formal 504.
6. If the student continues to experience post-concussive symptoms and is experiencing substantial limitations in one or more major life activities beyond the initial healing period of 3 weeks, a 504 plan may be considered.
 - a. The 504 process will be implemented per the individual school's protocol.
 - b. During the 504 process, recommendations from the Health Care Provider as well as input from the concussion team (including but not limited to the SNC) and teachers should be considered.

Student Athletes:

1. As outlined by CHSAA, a written release from an approved health care provider is required before a student athlete may begin the approved Graduated Return to Play (RTP) protocol (Attachment 5).
 - a. BVSD requires student athletes to have an approved health care provider complete the BVSD Return to School after Concussion Form before beginning the Graduated RTP protocol.
 - b. If an approved health care provider clears the student for RTP and/or physical activity and the coach, Certified Athletic Trainer (ATC), Athletic Director or school staff observe symptoms, the *Concussion Team Leader* will communicate with parents and the student may be withheld from beginning the Graduated RTP process until further follow up is conducted.
2. As outlined in the school's Concussion Management Plan, the ATC and/or coach will notify the building's *Concussion Team Leader* of any student with a suspected or confirmed concussion. The *Concussion Team Leader* will then notify appropriate school staff as outlined in the school's plan.
3. The ATC/Coach/other athletic staff will follow the CU Sports Medicine Center (CUSP) procedure for concussion and will:
 - a. Work with the *Concussion Team Leader*, parents and student to monitor recovery and supervise the Graduated RTP process.
 - **REMINDER:** The Graduated RTP process may not begin until the student is cleared by an approved medical provider.
 - Before beginning the Graduated RTP process athletic staff will review check the student's concussion status in Infinite Campus and if the student has a concussion flag, will not begin the process until the flag is removed/resolved.

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- **NOTE:** A student removed from play or practice because of concussion symptoms may not return to play on the same day as the injury and may not resume normal game play without restrictions for a minimum of 5 days (per the Graduated RTP protocol)
- b. Continue to watch for and report symptoms to parents and the *Concussion Team Leader* for the remainder of the sports season.